

## The Fondation CNP Assurances strengthens its support for students through the “2021 Mental Health Action Plan” by FAGE

The Fondation CNP Assurances is pursuing its support for Fédération des Associations Générales Etudiantes (Federation of general student associations or FAGE) in its fight against vulnerability and ill-being through the “2021 Mental Health Action Plan” for students.

To provide psychological support to students affected by the health crisis, the Board of Directors of the Fondation CNP Assurances voted urgently on 2 March 2021 on an exceptional aid of €50,000 for its partner FAGE, to assist it in the roll-out of its “2021 Mental Health Action Plan”.

For six years, the Fondation CNP Assurances has been committed to students alongside FAGE, working to reduce social health inequalities. Co-built with FAGE, this partnership reflects the strong commitment of the Fondation CNP Assurances to supporting students who are particularly impacted by the COVID-19 crisis.

### The “2021 Mental Health Action Plan”

The “2021 Mental Health Action Plan” implemented by FAGE aims to respond immediately, and over the medium and long term, to proven needs of psychological support for students. It will do so by:

- promoting mental health to inform students of existing support, including university health services, psychological financial aid for students (*chèques psychologiques*), student health monitoring and student health correspondents);
- pursuing the initiative of telephone psychological consultations<sup>1</sup>;
- administering a survey among the heads of student organisations on the state of health of students, aimed at enhancing the management of their psycho-social risks;
- training and providing psychological support to FAGE staff on the prevention of psycho-social risks;
- training FAGE volunteers on mental-health first aid.

This momentum will engender immediate and effective preventive actions by peers, and notably a more precise identification of young people suffering from isolation or depression.

Operational immediately, this plan supplements the commitments long supported by the Fondation CNP Assurances on well-being and the reduction of addiction-related risks via AGORAé solidarity grocery stores and on campuses.

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<sup>1</sup> <https://bit.ly/Jappelleunpsy>

## About CNP Assurances

A leading player in the French personal insurance market, CNP Assurances operates in 19 countries in Europe and Latin America, where it is very active in Brazil, its second largest market. As an insurance, coinsurance, and reinsurance provider, CNP Assurances designs innovative personal risk/protection and savings/retirement solutions. The company has more than 36 million insured in personal risk/protection insurance worldwide and more than 12 million in savings/retirement. In accordance with its business model, its solutions are distributed by multiple partners and adapt to their physical or digital distribution method as well as to the needs of customers in each country.

CNP Assurances has been listed on the Paris Stock Exchange since October 1998. The Group declared a net income of €1,350 million in 2020.

## About CNP Assurances Corporate Foundation

Founded in 1993, Fondation CNP Assurances is committed to public health. What is its role? To promote, support and initiate any action and any project of general interest in the healthcare field. It became a corporate foundation in 2011, and may be regarded as an extension of CNP Assurances' mission: to protect people and everything they value over the long term. The actions supported by the Corporate Foundation nurture the value of openness that characterises the brand and drives CNP Assurances employees. Openness to others, vulnerable individuals, innovative partnerships and helpful solutions. Fondation CNP Assurances is focused on reducing social inequality in healthcare and saving lives. It is a signatory to the Sponsorship Charter drafted by ADMICAL and its members, and open to all corporate sponsorship players.

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